

St. Mary Catholic Church
LENTEN DEVOCTIONS



-  **Ash Wednesday - February 14th**
 - 9:00 a.m. Mass with imposition of Blessed Ashes
 - 12:00 noon Stations of the Cross
 - 7:00 p.m. Mass with imposition of Blessed Ashes

-  **Every Wednesday of Lent**
 - 12:00 noon Stations of the Cross

-  **Every Friday of Lent**
 - 7:00 p.m. Stations of the Cross with Exposition and Benediction of the Most Blessed Sacrament

-  **Sacrament of Penance**
 - Every Saturday 2:30 p.m. - 3:30 p.m.

-  **Daily Mass**
 - 9:00 a.m. Tuesday through Friday

-  **Novena to St. Joseph**
 - The Feast Day of St. Joseph is on March 19th.
 - The Novena to St. Joseph begins on March 11th.
 - The Novena prayer will be recited at Mass.

-  **Lenten Penance Service**
 - March 13th at 7:00 p.m. Several priests of the Deanery will join Fr. Saxon & Fr. Cesar in hearing confessions in preparation for the celebration of Easter.

The Holy Season of Lent is Penitential

It is a time to make Reparation for the sins we have committed against God. Penance should be practiced every day of Lent. Sacrifices of Prayer, fasting and care for the needs of the poor in acts of Charity are essential to our observance of this holy season. The following is a reminder of the obligations we all have this Lent.

Ash Wednesday is a day of strict fast and abstinence from meat. (one full meal, two lesser meals not to equal the one full meal may be taken if necessary.)

All Fridays of Lent are days of strict abstinence from Meat. (Canon 1250-1251)

All persons, who have completed their fourteenth year are bound by the law of abstinence; all adults 18 years and older are bound by the law of fast up to the beginning their sixtieth year. (Canon 1252)

Nevertheless, pastors and parents are to see to it that minors who are not bound by the law of fast and abstinence are educated in an authentic sense of penance. (Canon 1252)

Penitential acts of self-denial such as the giving up of certain things, such as candy, alcoholic beverages, TV programs, movies etc. is a laudable and holy practice recommended to all the faithful, especially during Lent.

At the heart of our Lenten Penance is the giving up of sin and anything that keeps us from the faithful love and service of God.

Food necessary for the taking of medicines is always permissible.

Let us turn to our parish patroness, the Ever-Virgin Mary, refuge of Sinners to sustain us by her prayers of intercession that we may grow in faith, and holiness with a profoundly deep love for God by a true conversion of heart this Lent.

Hymn of Repentance

Open to me the doors of repentance, O Life-giver, for my spirit rises early to pray towards Your holy temple, bearing the temple of my body all defiled.
But in Your compassion purify me by the loving-kindness of Your mercy.

Lead me on the paths of salvation, O Mother of God, for I have profaned my soul with shameful sins and have wasted my life in laziness.
But by your intercessions deliver me from all impurity.

When I think of the many evil things I have done, wretch that I am, I tremble at the fearful day of judgment;
But trusting in Your loving-kindness, like David I cry out to You:
“Have mercy on me. O God, according to Your great mercy!”